



• THE BISTRO •

JUST PURE

GOOD FOOD SINCE 2009



soup | salads | meals

homemade soupe du jour _____ **R70**

hygge (hoo-ga) bowl (v) (vg) _____ **R95**

quinoa | seasonal roast vegetables | nori sesame seed sprinkle | rocket | homemade pesto

add feta **R15** add vegan chevre | camembert | mozzarella | cheddar **R20**

add chicken **R29** add kimchi **R12**

caprese salad (v) _____ **R105**

fior di latte mozzarella | rosa tomatoes | rocket | pickled red onions | basil

classic smoked salmon salad _____ **R115**

smoked salmon | mixed salad leaves | rocket | cream cheese | capers | homemade lemon vinaigrette

classic free range chicken salad _____ **R110**

mixed salad leaves | rocket | homemade wholegrain mustard mayo

warm roast vegetable salad (v) (vg) _____ **R95**

mixed salad leaves | rocket | homemade vegan pesto | feta cheese or choice of vegan cheese

salmon sushi poke bowl _____ **R120**

smoked salmon | sushi rice | pickled ginger | cucumber | carrots | radish | sprouts | avocado* | raw cashews | nori sesame seed sprinkle | homemade wasabi mayo

bistro burger _____ **R125**

free range beef patty | onion marmalade | rustic chips | homemade tomato chilli jam

low carb banting burger _____ **R125**

free range beef and feta patty | courgette rosti | smashed avocado* | tzatziki | side salad

chicken burger _____ **R120**

crumbed chicken breast | colby cheese | lettuce | sliced tomato | homemade peri-peri mayo | rustic chips or side salad

veggie burger (v) _____ **R115**

veg patty | gluten free seeded burger shell or ciabatta bun | lettuce | sliced tomato | pickled red onions | homemade tomato chilli jam | sweet potato fries

signature fishcakes (linefish or hake) _____ **R145**

homemade fish cakes | rustic chips | mixed leaf salad | homemade remoulade

crumbed free range chicken schnitzel _____ **R125**

rustic chips | side salad | mushroom ragout

plat du jour _____ **sq**

please see special meals of the day on the chalkboard

open face gourmet sandwiches | tartines

salmon sushi on sourdough _____ **R125**

smoked salmon | avocado* | pickled ginger | homemade wasabi mayo | nori sesame seed sprinkle

caprese open face on ciabatta (v) _____ **R105**

fior di latte mozzarella | tomato | avocado* | basil pesto

warm roasted vegetable bruschetta (v) (vg) _____ **R95**

seasonal roast veg | basil pesto | melted colby cheese or vegan cheddar cheese

prawn and avocado tartine _____ **sq**

tiger prawns | avocado* | rocket | homemade pesto mayo

beef and blue cheese tartine _____ **R145**

fillet steak | rocket | blue cheese crumble | onion marmalade

sweet things

dessert of the day _____ enquire with your waitron

our legendary baked cheesecake _____ **R65**

chocolate ganache | toasted almonds | cranberries | berry compote

trio of homemade ice cream _____ **R55**

chocolate | vanilla | turkish delight

vegan ice cream (vg) _____ **R55**

chocolate | vanilla

"To make people happy, that is what cooking is all about"

Thomas Keller the french Laundry Cookbook

coffee

espresso _____	R22
espresso macchiato _____	R25
americano _____	R25
flat white _____	R27
cappuccino _____	R27
decaff flat white cappuccino _____	R28
café latte _____	R30
café mocha _____	R37
vietnamese drip coffee condensed milk iced or hot _____	R40
classic iced coffee _____	R35

double espresso | crushed ice | full cream milk

*add vanilla | hazelnut | caramel _____ **R7**

*add almond milk | macadamia milk |
coconut milk _____ **R10**

Our philosophy:

Delicious, quality, nutritious, wholesome food, beautiful, homemade cakes and pastries and signature breakfast and lunch dishes using the freshest, seasonal ingredients.

Food provenance: it's about knowing where your food comes from. Celebrating our local wealth with seasonal produce delivered fresh from the local farms.

Please enjoy our quality food and generous portions.

slow food using seasonal local produce

tea selection and hot drinks

tea _____	R23
ceylon tea rooibos earl grey green chamomile peppermint jasmine green very berry honey bush rooibos chai vanilla chai vanilla rooibos	
chai latte _____	R30
red espresso flat white _____	R30
red espresso latte _____	R35
turmeric beetroot matcha flat white _____	R30
signature tea fresh ginger honey lemon _____	R30
matcha ceremonial green tea lemon honey _____	R30
hot chocolate _____	R30
chilli hot chocolate _____	R35
vegan hot chocolate (vg) _____	R35
with choice of coconut, macadamia or almond milk	
*add almond milk macadamia milk coconut milk _____	R10

cold beverages

still sparkling water _____	330ml R15	
_____	660ml R25	
 as part of our plastic-free drive we will no longer sell bottled water in plastic bottles. please note that the bottles are not available to take away as they are recycled. available in still and sparkling.		
assorted cordials _____	R8	
roses cola tonic roses passionfruit roses lime blackberry raspberry & rose blueberry & blackcurrant		
sodas soda water tonic dry lemon ginger ale _____	200ml R22	
lemonade coke coke light coke zero fanta orange fanta grape _____		300ml R22
juices _____	R22	
orange mango apple litchi cranberry		
just smoothies _____	R45	
yoghurt mixed berries or seasonal fruit		
iced smoothies _____	R40	
jamaican tropical		

All our food is freshly prepared on the premises – please be patient while you are waiting for your meal ... good food takes time and love to prepare.

We offer vegan substitutes, please see the menu for more information.

All prices are inclusive of 15% VAT.

Service charge not included • We reserve the right to charge a service fee for tables of six and more

We are unable to accommodate any deviations to the menu on weekends or busy days. This places pressure on our small kitchen and results in delays with service.

Free Wi-Fi available for patrons who are eating and drinking.

Major cards welcome • No cheques accepted • No split bills please

Fully licensed • Corkage fee R40: per 750ml bottle • Right of admission reserved
Menu and prices subject to change

abbreviations: (v) vegetarian (vg) vegan (gf) gluten free (*) seasonal

definition of Hygge (hoo-ga): "Savouring simple pleasures with kith and kin in a warm atmosphere. Hygge is about doing the simple things that make you grateful, content and at peace."

cold pressed raw juices _____ **R45**

● **go green:** apple | cucumber | kale | celery | lemon | parsley | mint

● **immune booster:** orange | carrot | lemon | ginger | cayenne pepper

● **just beet it:** beetroot | apple | cucumber | lemon | mint

● **beta carotene:** carrot | celery | apple | mint

● **seasonal fruit**

add: ginger | mint _____ **R12**

tomato cocktail _____ **R30**

appletiser _____ **R27**

grapetiser _____ **R27**
red | white

rock shandy _____ **R40**
(soda water, lemonade & bitters)

steel works _____ **R45**
(cola tonic, soda water, ginger ale & bitters)

bos ice tea _____ **R25**
lemon | peach | berry

old fashioned milkshakes _____ **R45**
vanilla | strawberry | chocolate | banana | coffee | turkish delight

vegan milkshakes (vg) _____ **R45**
chocolate | vanilla

Opening Hours

Open 7 days a week
Monday to Friday 08h30 to 16h30
Saturday, Sundays and Public Holidays
8h30 to 15h00

Seasonal Casual Evening Dining

October to February
Wednesday, Thursday and Friday Evenings
(Kitchen closes for orders at 20h00)